

COURSE TITLE

INDUSTRIAL AND ORGANIZATIONAL PSYCHOLOGY

L-12 (BACHELOR'S DEGREE)

I - II - III

CREDITS (CFM)

4

SDS (Scientific Disciplinary Sector)

GSPS-06/A

**COURSE TUTOR** 

**TUITION HOURS** 

MOSCALIUC ROBERT

**E-MAIL ADDRESS** 

robertclaudiu.moscaliuc@unito.it

### **OBJECTIVES**

This 6-module course aims to provide students with a comprehensive understanding of key theories and applications of work and organisational psychology (WOP), focusing on individual, group, and organisational behaviour.

#### **CONTENTS**

# Module 1: Introduction to Work and Organisational Psychology

- Definition and scope of work and organisational psychology
- Historical development of the field

24

- Key competencies and tasks of work and organisational psychologists
- Schools of thought: Scientific Management (Taylorism), Human Relations Approach, Organisational Culture, and Positive Psychology

#### Module 2: Individual differences and motivation in the workplace

- Individual Differences: Personality (The Big Five Personality Traits), Values, and Attitudes
- Workplace inclusion and diversity management (DEI initiatives)
- Theories of Motivation: Maslow's Hierarchy, Herzberg's Two-Factor Theory,
   Self-Determination Theory
- Job satisfaction and its impact on productivity

#### Module 3: Group behaviour, communication, and leadership

- Group dynamics and teamwork
- Organisational communication: Barriers and strategies
- Leadership theories: Trait theory, Transformational vs. Transactional Leadership, Servant Leadership
- · Power and politics in organisations

### Module 4: Human Resource Management and Work Psychology

- Work analysis and job design
- Recruitment, selection, and talent acquisition strategies
- Training and development in organisations

• Compensation and performance management

## Module 5: Employee well-being and dysfunctional workplace behaviour

- Occupational health and well-being
- Workplace stress, burnout, and mental health
- Employee engagement and positive work environments
- Dysfunctional workplace behaviours: Harassment, bullying, and counterproductive work behaviours

## Module 6: Organisational design, culture, and change management

- Organisational structure and its impact on behaviour
- Organisational culture: Definition, measurement, and change
- Change management theories and resistance to change
- The future of work: AI, automation, and remote work

EVALUATION			
Final exam	X	Continuous assessment	
Type of test:			
WRITTEN	X	ORAL	
BIBLIOGRAPHY			
Author	Sebastiaan Rothmann & Cary L. Cooper		
Title	Work and Organizational Psychology (3rd edition)		
Publisher	Routledge		
Published in	2022		